# Identity Theft: Risks and Prevention Measures

Identity theft poses significant risks to individuals' financial security and personal well-being. By adopting proactive prevention measures and staying vigilant online, individuals can reduce their risk of falling victim to identity theft and protect their sensitive information from unauthorized access.

## **Identity Theft**

- **Phishing:** Fraudulent emails, texts, or websites tricking individuals into revealing sensitive information.
- **Data Breaches:** Unauthorized access to databases containing personal information, often due to security vulnerabilities.
- **Social Engineering:** Manipulating individuals into disclosing confidential information through deceit or coercion.
- *Identity Theft Apps:* Malicious mobile apps designed to steal personal data from smartphones or tablets.

## **Identity Theft Prevention Measures**

#### Secure Passwords:

- Use complex, unique passwords for each account.
- Enable multi-factor authentication (MFA) where available.

#### Shred Sensitive Documents:

- Dispose of documents containing personal information (e.g., bank statements, bills) using a shredder.
- Avoid leaving sensitive documents lying around in public places.

#### Vigilant Online Behavior:

- Avoid clicking on suspicious links or downloading attachments from unknown sources.
- Verify the legitimacy of websites before entering personal information.

#### Keep Software Updated:

Install updates and security patches for operating systems, web browsers, and applications promptly.
Use reputable antivirus software to protect against malware and viruses.

#### Secure Wi-Fi Networks:

- Use strong encryption (e.g., WPA2) and unique passwords for Wi-Fi networks.
- Avoid connecting to public Wi-Fi networks for sensitive transactions.

### Monitor Financial Accounts:

- Regularly review bank statements, credit card transactions, and credit reports for unauthorized activity.
- Report any suspicious or unfamiliar transactions to financial institutions

#### Response to Identity Theft:

- Act quickly to mitigate the damage:
- Contact financial institutions and credit bureaus to report fraud and place fraud alerts on accounts.
- File a report with law enforcement agencies and report the incident to relevant authorities.

*immediately*.



